



## COMPETITION SHEET

### WINTER CHEER CUP 2025 - VIRTUAL



Competition in sports cheerleading organized by the Presidium of the Czech Association of Cheerleaders, z.s. ("ČACH"). The competition is intended for registered members of CACH for a given Club and foreign guests. The competition is a league competition included in the two-tier competition system of the Czech National Cheer League 2024/2025.

#### Entry rules and competition process

- **Register till December 10th 2024, 12:00**, please contact [registrace@cach.cz](mailto:registrace@cach.cz)
- **Make a video** with your routine in your gym. For Cheer division the proper mat Flexi Roll is required.
- **Upload your video till January 10th 2025, 12:00** via Google Form [HERE](#). Along with the video, please upload a photo of the competition group and a delivery address for possible sending of the award. Videos can be submitted already in December.
- The video title of the competition group must be in the following format: Performance number (according to List of participants, after 10.12.2024)\_Division abbreviation\_Group name. (You dont need to submit all videos at once)
- videos will be judged by czech and famous international judges, you get great detailed feedback from them!
- results will be published online on in the week 13. - 17. 1. 2025 (will be specified later) on [TV.ČACH](#) and on IG @CACH\_life.
- After the results are announced, the awards will be sent by post.

#### Competition website

<https://www.cach.cz/souteze/scc/sparkling-cup-virtual-2025.php>

#### Registration

Via [registrace@cach.cz](mailto:registrace@cach.cz)

If you have any questions about registration/login, please contact CACH via email [registrace@cach.cz](mailto:registrace@cach.cz)

#### List of competition dates

- **10. 12. 2024, 12:00** - deadline for registration of Clubs, competition groups,
  - from 10. 12. 2024 - storno fee 100%
- **10. 1. 2025, 12:00** - deadline for:
  - uploading of video via [google form](#),
  - inevitable Competitors changes,
  - deregistration of competing groups already registered
- **13.-17. 1. 2025** (to be specified) - announcement of results on TV.ČACH and IG @CACH\_life

#### Competition fees (entry fee) for 1 person

- 8 EUR for 1st division – Competitor, Substitute
- +4 EUR for each additional division
- 0 EUR coach of the competing group

#### Cancellation fees

After 10. 12. 2024, the cancellation fee is 100 % of the entry fee. Cancellation will be applied regardless of whether the invoice for the entry fee has already been issued/reimbursed at the time of cancellation. A change of competitor is not considered a cancellation.

## Rules

WCC 2025 follows current CACH and ICU Competition Rules:

- Competition sheet WCC 2025
- [Age Groups and Open Division Schedule 2024/25](#) (*Věkové skupiny a Plán otevíraných divizí 2024/25*),
- [Soutěžní řád ČACH](#) and [Obecná pravidla ČACH](#) (CACH Competition Rules)
- [ICU Sport of Cheer Rules & Guidelines 2025](#)
- [Score Sheets](#)

## Rules for videos

- .MP4 format
- Video recording max **4 min.**
- Static video recording with no movement or jitter. We recommend using a tripod.
- Recommended video shooting environment is well lit and has a uniform background with no distractions. Shoot the video in high quality. Team must be filmed from front.
- The video must be filmed in the 2024/2025 season. To confirm, **show the sign (paper) with WCC2025** at the beginning of the video.
- The video must be take in one take, not edited from multiple takes.
- No post-production editing of the video. Also applies to text such as team name etc.
- All participating athletes must be visible in the video.
- *Video size:*
  - **Team Divisions, Doubles and Individuals** – the entire competition area must be visible **in the width** of the video throughout the performance.
  - **Group stunts and Partner stunts** – **portrait view**. Group stunts must be filmed from the front.
- **Video file name:** Performance number (following list of participants)\_Club\_Division\_Group name.MP4

## Other recommendations for filming competition videos

- The background music in the video must be loud enough. Be careful about the placement of the microphone and loud cheering or comments near it.
- The recommended environment for filming videos is well lit and has a uniform background without distracting elements. Film the video in high quality. Cheer divisions must be performed on FlexiRoll.
- It is recommended to film the video no later than 2 weeks before the competition, to allow for any corrections.

The video itself will be checked only by the safety judge on the day of the competition, it will not be checked by the organizer when sending.

## Penalties

**In case of violation of certain video requirements, the safety judge may penalize 1-5 points per judge.**

**A very poor quality video may be eliminated/disqualified from the competition by the jury.**

We strongly recommend that all stunt grips and acrobatic elements are clearly and distinctly visible in the submitted video. Indistinguishable grips in stunts, where the (i)legality of the stunt in the level depends on the grip, and off-screen acrobatic starts and impacts will be evaluated as rule violators and will be automatically awarded the appropriate penalty - 5 pts/judge.

### **List of open divisions**

- TEAM CHEER: Mini (Level 1, Level 2), Primary (Level 1, Level 2, Level 3), Youth All Girl (Level 2, Level 3, Level 4), Youth Coed (Level 2, Level 3, Level 4), Junior All Girl (Level 3, Level 4, Level 5), Junior Coed (Level 3, Level 4, Level 5), ALL GIRL (earlier Senior, Level 4, Level 5, Level 6), COED (earlier Senior, Level 4, Level 5, Level 6), Baby (Level 0), Masters (Level 3)
- GROUP STUNTS: Primary (Level 3), Youth ALL GIRL (max Level 4), Youth COED (max Level 4), Junior ALL GIRL/COED (max Level 5), ALL GIRL /COED (earlier Senior, max Level 6)
- PARTNER STUNTS: Junior COED (Level 5), COED (Level 6)
- TEAM PERFORMANCE: Mini (Pom), Primary (Pom), Youth (Freestyle, Hip Hop), Junior (Pom, Hip Hop, Jazz), Team Performance (earlier Senior, Pom, Hip Hop, Jazz), Masters (Pom)
- PERFORMANCE DOUBLES: Mini (Pom), Primary (Pom), Youth (Pom, Hip Hop), Junior (Pom, Hip Hop, Jazz), Performance Doubles (earlier Senior, Pom, Hip Hop, Jazz)
- INDIVIDUAL: Mini (Level 2), Primary (Level 3), Youth ALL GIRL (Level 4), Youth COED (Level 4), Junior ALL GIRL (Level 5), Junior COED (Level 5), ALL GIRL (dříve Senior, Level 6), COED (earlier Senior, Level 6)
- OPEN AGE CHEER TEAM: Level 1, Level 2, Level 3, Level 4
- OPEN AGE POM: Pom
- TEAM POM SHOW: Baby, Mini, Primary, Junior, Senior
- SHOW

### **Age groups (age in 2025)**

- BABY: 3-7YR: 2018 - 2022
- MINI: 5-9YR: 2016-2020
- PRIMARY: 8-13YR: 2012-2017
- YOUTH: 12-15YR: 2010-2013
- JUNIOR: 15-19YR: 2006-2010
- MAIN DIVISION (earlier senior): 16+ YR: ... 2008, 2009
- MASTERS: 30+ YR: ... 1994, 1995
- OPEN AGE CHEER TEAM: Level 1, Level 2: 5-15YR: 2009 - 2020
- OPEN AGE CHEER TEAM: Level 3: 8-19YR: 2006 - 2017
- OPEN AGE CHEER TEAM: Level 4: 12+ YR: ... 2012, 2013
- OPEN AGE POM: 5+ YR: ... 2019, 2020
- TEAM POM SHOW: Baby 3-7YR: 2018 - 2022
- TEAM POM SHOW: MINI: 5-9YR: 2016-2020
- TEAM POM SHOW: PRIMARY: 8-13YR: 2012-2017
- TEAM POM SHOW: JUNIOR: 12-15YR: 2010-2013
- TEAM POM SHOW: (senior) 16+ YR: ... 2008, 2009
- SHOW: 3+ YR: .. 2021, 2022

### **General rules**

By registering for the event, the participant automatically agrees with the Rules of Winter Cheer Cup 2025 and other instructions from organizer. In case of unforeseeable phenomena and facts, technical difficulties or other obstacles, the organizer of the competition reserves the right to interrupt the competition for a necessary length of time or to cancel it completely. By sending the competition application, the Club undertakes to respect the competition rules in their entirety, the ČACH competition rules and other instructions and guidelines of the competition organizer. By submitting the application, the participant consents to the processing and publication of the submitted video and photos on the ČACH website, social networks, etc.

These rules are issued by the © Czech Association of Cheerleaders, as well as within the framework of European and world regulations. The rules are subject to Copyright Act No. 121/2000 Coll. as amended. Typos, errors and changes reserved.